



12th TEEN SUMMIT
EVALUATION REPORT

February 2007

Prepared by

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The 12th Teen Summit was hosted by the Safe Community Coalition (SCC) in February 2007 at the USA/Gannett Headquarters in Tysons Corner, McLean. The summit's goal was to address, highlight, and discuss issues and problems for and with the youth of our community. The topics discussed this

year were:

- Pre-College and process stress
- Alcohol and Drugs
- Peer Pressure
- Bullying in High School
- Safe Social Alternatives
- Taking Care of Yourself (mental and physical health).

The format of the summit was discussion groups that were led by trained teen facilitators with at least an adult in the group designated as a note-taker. SCC worked with the guidance counselors at the schools to select and nominate a cross section of their student body. Each school was asked to invite 30-40 students. The four participating schools were: Langley High School, McLean High School, The Potomac School, and Thomas Jefferson High School for Science and Technology. Two buses were used for the summit to pick up and drop off students from Langley and McLean High School. Students from Thomas



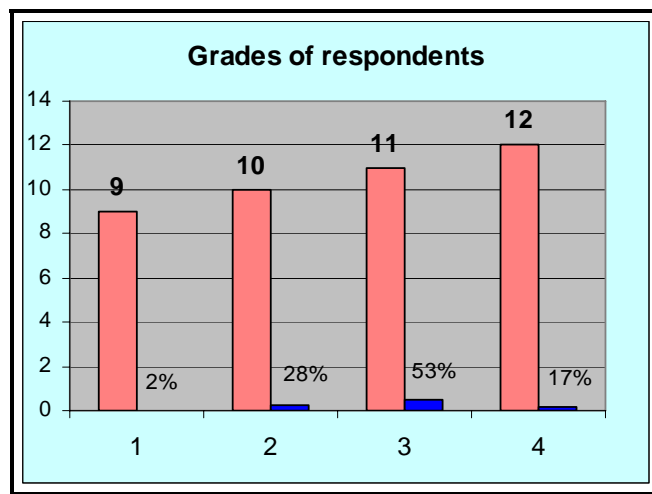
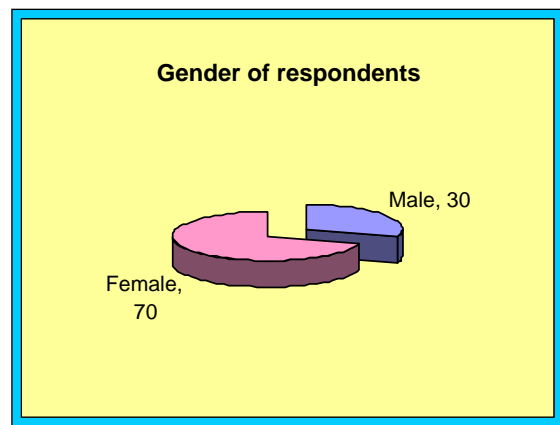
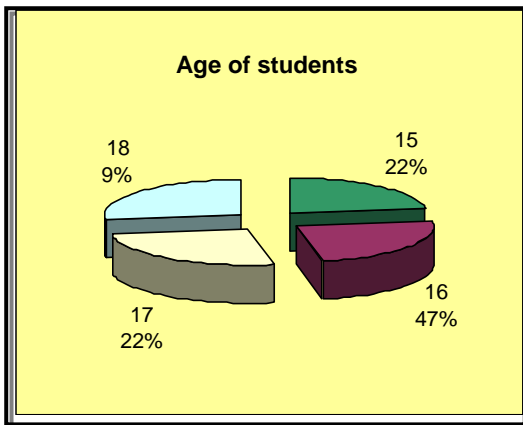
Jefferson were brought by their guidance counselors in cars. Business and community leaders and school based staff were also invited to the summit.

There were 86 participants (including parents, business and community leaders and school based staff).

An evaluation form was given to each participant at the end of the summit. The form had a mixture of open-and closed-ended questions related to the topic discussed, the overall organization of the summit and further recommendations for future programming efforts. There were 76 returns (88 percent response rate).

The demographics of the respondents were as follows:

Tables 1-3



As indicated in tables 1-3, a majority of the student respondents were 16 years old (47 percent) followed by 15 and 17 (both 22 percent) and 18 (9 percent). The mean and standard deviation for age were 16.17 and 0.881 respectively. 22 respondents were males (30 percent) and 52 females (70 percent). A majority of them were in grade 11 (53 percent), followed by grade 10 (28 percent). Among other respondents, there were parents, counselor, school administrator, SCC staff (all 1 percent), and students (71 percent). Of the participating students, 21 (31 percent) attended Langley high school, followed 20 (30 percent) McLean high school, 15 (19 percent) Potomac high school and 5 (9 percent) TJ high school of science and technology.

86 percent of respondents said it was their first Teen summit



The next set of questions were Likert-scale based (where 1= very satisfied, 2=satisfied, 3=neither of them, 4=dissatisfied and 5=very dissatisfied) asking the participants specifically about each topic (pre-college and process stress, safe social alternatives, bullying in high school, alcohol and drugs, take care of yourself and peer pressure) covered at the summit based on if they provided them useful insights, were relevant and useful, and if the mentor was knowledgeable. Tables 4a-7a present the means and standard deviations for the questions asked under each topic followed by Tables 4b-7b with percentages for 'very satisfied' and 'satisfied' responses for each question under each topic.

Table 4a presents the means and standard deviations for the question- *'the discussions provided new insights'*: Safe social alternatives was rated the highest (mean=2.07, SD=0.917) among all other topics discussed at the summit.

4a. Topic	Frequency	Mean	Standard Deviation
Pre-college and process stress	23	1.65	0.714
Safe social alternatives	27	2.07	0.917
Bullying in high school	25	1.96	0.790
Alcohol and Drugs	30	2.03	0.850
Taking care of yourself	25	2.04	0.889
Peer Pressure	24	1.71	0.751

Table 4b results indicates that bullying in high school was rated the highest (52 percent as 'satisfied') followed by pre-college and process stress (48 percent as 'very satisfied').

4b. Topic	Very satisfied (%)	Satisfied (%)
Pre-college and process stress	48	39
Safe social alternatives	30	41
Bullying in high school	28	52
Alcohol and Drugs	30	40
Taking care of yourself	28	48
Peer Pressure	42	50

Table 5a presents the means and standard deviations for the question- *'the discussions were important and relevant to me'*. Taking care of yourself was rated the highest (mean=1.96, SD=0.878) for this question.

5a. Topic	Frequency	Mean	Standard Deviation
Pre-college and process stress	23	1.48	0.790

Safe social alternatives	25	1.92	0.702
Bullying in high school	25	1.88	0.833
Alcohol and Drugs	29	1.69	0.967
Taking care of yourself	23	1.96	0.878
Peer Pressure	24	1.50	0.590

Table 5b shows that pre-college and process stress was rated the highest (65 percent ‘very satisfied’) followed by safe social alternatives (64 percent as ‘satisfied’) for the question.

5b. Topic	Very satisfied (%)	Satisfied (%)
Pre-college and process stress	65	26
Safe social alternatives	24	64
Bullying in high school	36	44
Alcohol and Drugs	55	28
Taking care of yourself	30	52
Peer Pressure	54	42

Table 6a presents the means and standard deviations for the question- ‘*I will use some of the ideas offered at the summit*’. Alcohol and Drugs was rated the highest for this question (mean=1.90, SD=0.712).

6a. Topic	Frequency	Mean	Standard Deviation
Pre-college and process stress	23	1.74	0.752
Safe social alternatives	27	1.85	0.602
Bullying in high school	24	1.67	0.637
Alcohol and Drugs	30	1.90	0.712
Taking care of yourself	24	1.71	0.751

Peer Pressure	24	1.63	0.647
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Table 6b shows that safe social alternatives was rated the highest (63 percent as ‘satisfied’) followed by peer pressure (46 percent as ‘very satisfied’) for the question.

6b. Topic	Very satisfied (%)	Satisfied (%)
Pre-college and process stress	39	52
Safe social alternatives	26	63
Bullying in high school	42	50
Alcohol and Drugs	30	50
Taking care of yourself	42	50
Peer Pressure	46	46

Table 7a presents the means and standard deviations for the question: ‘*The speaker/mentor was knowledgeable*’. Alcohol and Drugs was rated the highest (mean=1.79, SD=0.630) for this question.

7a. Topic	Frequency	Mean	Standard Deviation
Pre-college and process stress	22	1.50	0.598
Safe social alternatives	25	1.64	0.638
Bullying in high school	23	1.22	0.422
Alcohol and Drugs	28	1.79	0.630
Taking care of yourself	23	1.68	0.646
Peer Pressure	23	1.26	0.449

Table 7b shows that bullying in high school was rated the highest (78 percent as ‘very satisfied’) followed by alcohol and drugs (57 percent as ‘satisfied’) for the question.

7b. Topic	Very satisfied (%)	Satisfied (%)
Pre-college and process stress	55	41
Safe social alternatives	44	48
Bullying in high school	78	22
Alcohol and Drugs	32	57
Taking care of yourself	41	50
Peer Pressure	74	26

The next question asked the respondents to rate the summit's organization, location and time and staff's attitude. Time was rated the highest (mean=1.33, SD=0.575) followed by the organization of the summit (mean=1.25, SD=0.656). Table 8 presents the percentages based on their rating (1=excellent, and 2=good). All the aspects of the summit were rated highly by the respondents. They were rated either 'excellent' or 'good.'

Topic	Excellent	Good
The summit was well organized	83	12
The location was appropriate	84	13
The time was appropriate	71	26
The staff was helpful	83	16

The last Likert-based scale question asked a general question about the welcome address, group discussions 1 and 2, lunch/refreshments and the facility. The facility was rated the highest (85 percent as 'excellent'). Table 9 presents the percentages based on their rating (1=excellent, 2=good).

Topic	Excellent	Good
Welcome and Opening	46	42
Group Discussion 1	53	39
Group Discussion 2	58	37
Lunch/Refreshments	62	23

Facility	85	13
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The next three questions were open-ended/narrative in nature that asked the respondents their opinions on what they liked the *most* in the summit, what three things would they like to take home with them, and finally what they liked the *least* . Narratives have been summarized below. Similar multiple responses have been included in parenthesis.

What did you like the *most* in the summit today?

Discussion on bullying (4)
Open discussion (3) and hearing from the kids
Student suggestions
Ability and opportunity to talk openly
A lot of new ideas about various topics; others' perspectives
Being able to interact with other kids was great
Time for discussion was perfect
The way the discussions were set up and the relaxed atmosphere
I hadn't had a chance to talk about 'how to take care of yourself' so the discussion was novel!
The discussion on safe social alternatives (2)
Small group sizes= more intimate, better feedback
The chance to tell counselors/administrators things that need to be done
Hearing from students outside my school. Their fresh insights were good (3)
To learn about the pre-college stress 93)
Good time- it was on a school day so I could actually attend
Hearing how the adults reacted to teens' comments
Teens being involved in facilitation and discussion
Discussion about alcohol and drugs (3)
The solutions we developed
Meeting new people (4)
Teen facilitators (3)
Adults and teenagers together was the best!
The location was the best (2).



What are the three important things that you will take home with you?

Alternative activities and bullying (2)
Ideas discussed and knowing that there are a lot of good kids out

there.
New ways to approach college process and how others view drinking
Tips on college process, consequences of drinking and looking for students who are bullied in school
Don't stress yourself out; be confident and know how other people feel
Bullying, parent and child communication (3) and talk about issues in school
Homework, problem solving and stress
People need to be open about their problems and that there are alternatives
Keep things in perspective, sleep well (3) and talk to parents more
Knowledge, hope (3) and determination
Ideas on how to relieve stress, that I am not alone with these feelings and new perspectives on certain subjects.



What did you like the <i>least</i> in the summit today?
A bit cold (3)
Nothing, it was all good (4)
Lack of diversity (3)
The sessions seemed a bit long (3)
Room arrangement and group size
Some people said the same thing over and over
Longer lunch, shorter discussions
The group size was large and not everyone seemed comfortable.
The fact that both parents and administrators were there, we couldn't talk freely (2)
Some students were not open to discussions
Lunch selection was not good. Maybe pizza next time?
Not all truth was revealed. Too much censorship
Location was too formal.
Kids were saying what the adults wanted to hear.
Smaller groups may work for quieter kids.
Not being able to listen to other topics (4)
I wanted to hear the pre-college topic but couldn't (2)



Additional suggestions/recommendations:

- The opportunity to be able to listen to all the group discussions. Some students felt they missed out on some of the topics.
- Smaller group size so that all students are able talk freely.
- Shorter sessions and breaks in between some students felt the sessions were long.
- Some form of reporting back to the parents

Appendix

Evaluation form

We hope you liked the *Teen Summit* today. Please fill out the form below. Your candid responses will help us understand your needs and plan our program/s better. We really appreciate your comments. Thanks!

Your age _____ Your gender M F In what capacity are you attending the summit today? _____ (student, parent, community member, business, etc). If student, please mention your grade _____ and name of your school _____

Have you attended Teen Summit organized by SCC before? YES NO

Main reason you decided to attend the talk today _____

Please rate 1= very satisfied, 2= satisfied 3= neither of them 4= dissatisfied 5= very dissatisfied (NOTE- you may repeat the same rating across the topics)

	Pre-college and process stress	Safe social alternatives	Bullying in high school	Alcohol and drugs	Taking care of yourself	Peer pressure
Overall.....						
The discussions provided new insights						
The discussions were important and relevant to me						
I will use some of the ideas offered at the summit						
The speaker/mentor was knowledgeable						
	Excellent	Good	Average	Poor	Not sure	Did not attend
The summit was well organized						
The location was appropriate						
The time was						

appropriate						
The staff was helpful						

Please rate the following-

Topic	Excellent	Good	Average	Poor	Did not attend
Welcome and Opening					
Group Discussion I					
Group Discussion II					
Lunch/Refreshments					
Facility					

What did you like the *most* in the summit today?

What are the three most important things that you will take home with you?

What did you like the *least* in the summit today?

Will you recommend this program to your friends/peers/anyone? YES NO

Any additional suggestions/comments:

THANKS FOR YOUR FEEDBACK!